

Area Committee Well-being Fund – Project Proposal

Project Name: Friday Night Project

Organisation	PAYP
Contact Name	Jason Tabor
Address	
Telephone Number	
Email Address	Jason.tabor@leeds.gov.uk

Project Summary (including a brief description of the main activities and why this project is needed and its links to key priorities):

The Friday Night Project commenced in February 2008. The aim of the project is to provide a diverse range of sports and creative activities for young people in South Leeds on Friday evenings from 4pm-7pm. The project is based at South Leeds Leisure Centre.

To date the project has engaged 82 young people and is now averaging 50 young people accessing the project each week ranging from 8 to 16 year olds. Numbers are steadily increasing each week and therefore we expect this figure to rise.

The Friday Night Project offers young people a weekly programme of sports activities including basketball, badminton, football, junior gym, swimming and street dance. Creative activities also include arts and crafts, music DJ and music production.

The Friday Night Project provides a service for young people encouraging them to become more active, improve their health & well being at a local accessible venue. As well as increasing youth provision the project also aims to reduce anti social behaviour in a target neighbourhood at a key time when provision is limited.

Future plans include the development of a young person committee to develop leadership and decision making skills. Accreditation courses such as Life Saving and sports coaching courses are also planned to provide training and opportunities for personal development.

Project Delivery - How the project will be delivered (inc how any partners are involved in the project, timescale etc):

The project is overseen by a management group. The role of the group is to direct the delivery of the project and evaluate the programme. Partners involved include PAYP, South Leeds Leisure Centre, Youth Service, St Luke's Cares, Neighbourhood Safety, Extended Services and Groundwork.

The project is led by a co-ordinator who supervises the weekly sessions. Sessional staff are employed to run each of the specialist sports and creative arts workshops. Youth workers and officers support the delivery of the programme each week.

The views of the young people are sought regularly, relating to how the project is run and the sessions delivered. The aim is to foster a sense of ownership with the young people and involve them in the decision making process.

Young people pay £1 to attend each week and are registered for the Breeze card to enable them to access other provision outside the project. Current funding enables the project to be run until mid April 2008. We are now seeking funding to enable the project to continue throughout 2008/9.

Please demonstrate how your project links with key priorities/action with Area Delivery Plans:

The projects links with the key priority of 'More for Young People'.

To provide increased youth provision.

Reduce anti social behaviour by providing activities for young people in a community safety hotspot area at a key time during the week.

To provide skills, training and development for young people by introducing accreditation schemes.

To encourage young people to be active and healthy. Young people attending the project are taking part in up to three hours of sports and active sessions.

To improve and increase access to South Leeds Leisure Centre. The delivery of the project at the sports centre enables us to promote other activities and services available and encourage use of the centre outside the project. We will be introducing a stamp system where young people can receive free or reduced rates for other leisure centre activities when they have attended for a certain number of sessions.

Outcomes (a summary the main outcome, outputs and benefits the project will achieve):

The project currently provides sports and creative arts activities for 50 young people per week. Through increased promotion we aim to increase this figure and have capacity for up to 85 young people to attend.

By introducing the sports coaching and life saving courses we aim to provide accreditation for approximately 10 young people.

The Friday Night Project provides up to 3 hours of sports activity a week. The benefit of this is to promote health and well being for those attending.

The project increases access by local young people to South Leeds Leisure Centre. A significant benefit of the project will be encouraging young people to access the centre outside of the session. The sports centre is open to members of the public during the Friday Night Project. This encourages young people to respect other users of the facilities and work along side

them, meeting intergenerational targets.

Project Cost (an indication of how much the project will cost, how much Well-being funding is sought and the breakdown between capital and revenue):

Funding was initially secured to run the scheme as a pilot to assess feasibility. The success of the project to date and the demand from local young people means that the management group is now seeking funding to deliver the programme for one year throughout 2008/9.

Current contributors include PAYP, DAZL, Extended Services and Neighbourhood Safety.

The overall cost of delivering the programme for one year is £16,000. This includes the cost of employing the co-ordinator on a part time basis, sessional staff to deliver music, arts, sports sessions and the hiring of sports facilities. Partner organisations provide support staff in kind.

We are seeking **£4,000** revenue funding from the Well Being fund to support the delivery of the Friday Night Project. This would provide specialist coaching to deliver the sports activities.

Which geographic areas will benefit (ie particular neighbourhoods, wards etc) and which Area Committee this project is relevant to:

The project has been promoted across inner south Leeds. The majority of young people currently accessing are from Beeston Hill, Holbeck, Hunslet and Far Beeston.

Other key information not covered by the above: